



## **FACIAL FILLER APPOINTMENT INFORMATION AND CHECKLIST**

**Please make sure you read the following checklist carefully prior to your visit and adhere to them. If you are unable to follow one or more of the items listed, we will be happy to reschedule your appointment.**

- 1. The doctor will only perform the procedure to achieve a natural look for your face and age.**
- 2. If you will be getting Botox at the same visit, you will not be able to get both done in the same area of your face.**
- 3. For two weeks prior to your visit, you need to try not to take any Ibuprofen, Aspirin, herbal supplements, or vitamins. Also try not to drink alcohol as all of these may increase bleeding as well as produce excessive bruising. You may take Tylenol as a pain reliever if necessary.**
- 4. You should not have an event planned for two weeks after the procedure because bruising is a strong possibility and the time of healing varies with each patient.**
- 5. If you have a history of cold sores, please contact us for pre-treatment medication.**